

REQUESTS TO GUNMA RESIDENTS

# Alert Level 2

Effective Sat., October 1, 2022 through Fri., October 14, 2022  
Throughout Gunma

## <Things to watch out for>

- Stay away from places where COVID-19 preventive measures are not in place
- Avoid traveling to destinations outside of Gunma as much as possible
- Elderly people and those with underlying medical conditions are advised to:

**Continue taking precautions against COVID-19 such as wearing a mask.**

## <Things to watch out for>

**while giving home parties, dining & drinking alcohol in large groups:**

- **Avoid talking loudly.**
- **Wear a mask while talking to someone.**
- **Keep a distance from other people.**

### <Coronavirus Hotline for Gunma Foreign Residents>

Call the number below if you think you might have COVID-19.

Phone: 027-212-0010 24/7

### <Gunma COVID-19 Vaccine Helpline>

Call the number below to ask questions about COVID-19 vaccination in Gunma.

Phone: 0570-783-910 24/7

### <One-Stop Consultation Center for Foreign Residents of Gunma>

Please feel free to contact us if you have any problems with life in Gunma.

Phone: 027-289-8275 Hours: 9:00-17:00 Monday thru Friday

(Closed on weekends, holidays, and  
year-end/New Year period)

Language: **English**, Portuguese, Vietnamese, Chinese, Spanish,  
and simple Japanese